

OCTOBER 2025

# MEADOW WOOD FARMS NEWSLETTER

[www.mwfpoa.com](http://www.mwfpoa.com)



A MONTHLY PUBLICATION OF MWFPOA , PO Box 77-1896—OCALA, FL 34477

## Navigating the Holiday Season with Care

As the holiday season approaches, our neighborhoods come alive with twinkling lights, festive decorations, and warm gatherings. However, for many of us, this time of year can also bring stress, anxiety, and sadness. The pressure to create perfect memories, manage family expectations, and cope with loss or loneliness can overwhelm even the most resilient among us. In this article, we'll explore ways to prioritize self-care, nurture connections, and foster a supportive community during the holiday season.

### Managing Holiday Stress:

To manage holiday stress, it's essential to be kind to yourself. Set realistic expectations and prioritize what truly matters. Avoid comparing your holiday experience to others' on social media, and take breaks from it if needed. Schedule downtime and self-care activities, such as reading, taking a walk, or practicing yoga. By doing so, you'll create space to recharge and enjoy the moments that truly count.

Nurturing connections is also vital. Reach out to a friend or neighbor who might be struggling, and offer a listening ear or helping hand. Hosting a potluck or game night can help build community and foster meaningful relationships. Volunteering together as a family can also create lasting memories and teach valuable lessons about compassion and empathy.

### Coping with Loss and Loneliness:

For those coping with loss or loneliness, it's crucial to acknowledge your feelings and allow yourself to grieve. Reach out to a trusted friend, family member, or mental health professional for support. Consider joining a support group or online community where you can connect with others who understand your journey.

### Community Support:

Let's come together to support one another this holiday season. Check in on neighbors who might be struggling, and offer a helping hand or listening ear. Organize a community event or food drive to bring people together and foster a sense of belonging.

This holiday season, let's prioritize compassion, empathy, and understanding. By taking care of ourselves and supporting one another, we can transform a potentially challenging time into an opportunity for connection, growth, and joy.

Gena

## Upcoming Meetings (subject to change)

### Executive Board Meeting

**October 7th - 7pm**

### General Association

**November 11th - 7pm**

Meetings will be held at  
Friendship Park under the  
Pavilion.

Minutes are posted on the  
website after all Board and  
Association meetings:  
[www.mwfpoa.com](http://www.mwfpoa.com)

## Inside this issue:

President's Mes-	1
Association Info	2-3
Advertisements	6
Contributions	2
Membership Form - Join Now!*****	7



## LADIES LUNCHEON

Page 2

You may have seen the Ladies Luncheon posted on Facebook and are considering joining. Please do. It's a great way to get to know each other better and enjoy an afternoon out.

October Ladies Luncheon  
Monday, October 10th, 11:30am  
La Fiesta Mexican Cocina  
4937 NW Blitchton Road, Ocala



Please call Carol Harper at 352-239-2425 to RSVP for the reservation/changes and to receive updates!

See you there!

### Officers of MWFPOA

<b>President</b>	Gena DeCamella	727-808-8918	<a href="mailto:president@mwfpoa.com">president@mwfpoa.com</a>
<b>Vice-President</b>	Mark Cooper	904-350-0253	<a href="mailto:viciousfish1959@gmail.com">viciousfish1959@gmail.com</a>
<b>Secretary</b>	Karen Reade	352-622-2030	<a href="mailto:secretary@mwfpoa.com">secretary@mwfpoa.com</a>
<b>Treasurer</b>	Merry Lee Bain	352-547-9327	<a href="mailto:treasurer@mwfpoa.com">treasurer@mwfpoa.com</a>

### Committees

<b>Activities</b>	AVAILABLE	
<b>Maintenance</b>	Ian Reade	<a href="mailto:tp228000@yahoo.com">tp228000@yahoo.com</a>
<b>Beautification</b>	Coralie Moutin	<a href="mailto:sebandcoralie@gmail.com">sebandcoralie@gmail.com</a>
<b>Control</b>	Chair: Robert Zachary	<a href="mailto:robertnzachary@gmail.com">robertnzachary@gmail.com</a>
<b>Website</b>	Jim Thomas	<a href="mailto:foxdadt@yahoo.com">foxdadt@yahoo.com</a>
<b>Membership</b>	Patricia and Dave Wagner Janice Eide	<a href="mailto:patriciaNdave@aol.com">patriciaNdave@aol.com</a> <a href="mailto:eidejanice@yahoo.com">eidejanice@yahoo.com</a>
<b>Newsletter</b>	Editor: Gena DeCamella Michele Shuler	<a href="mailto:newsletter@mwfpoa.com">newsletter@mwfpoa.com</a> <a href="mailto:mmicheleshuler@gmail.com">mmicheleshuler@gmail.com</a>
<b>Sunshine</b>	Chair: Lynn McGonagill	<a href="mailto:LynnMcGonagill@gmail.com">LynnMcGonagill@gmail.com</a>
<b>Welcome</b>	Dale Kennedy	<a href="mailto:imaussified@embarqmail.com">imaussified@embarqmail.com</a>
<b>Refreshments</b>	Holly Roberts Chris Banks	<a href="mailto:hbrlifestyle@gmail.com">hbrlifestyle@gmail.com</a> <a href="mailto:chrisbanks272014@gmail.com">chrisbanks272014@gmail.com</a>

## Community Matters

### Calendar of Activities — October 2025

**All events will be held at Friendship Park unless otherwise stated**

- ♦ **Executive Board Meeting** - Tuesday October 7th 7pm
- ♦ **Trivia** - October 17th 7pm
- ♦ **Birthday Celebration** - October 18th 1pm
- ♦ **Equine Club Meeting** - October 23rd 7pm
- ♦ **Trunk or Treat** - October 31st 4-7pm
- ♦ **Car Show** - November 1st, 3:00pm

If you would like to schedule an event in Friendship Park, please contact and coordinate with our Treasurer,



IF YOU HAVE NOT YET REGISTERED AS A MEMBER/USER ON OUR WEBSITE YOU ARE MISSING OUT! IT'S EASY, JUST CLICK ON REGISTER NOW AND IF YOU ARE A MEMBER IN GOOD STANDING YOU WILL RECEIVE YOUR PASSWORD.

### Meadow Wood Farms Communications

Website: [www.mwfpoa.com](http://www.mwfpoa.com)

*Become a Member for full-access*

What is available on our website?

- ♦ **Neighborhood Directory**  
Names, addresses, and contact information of your neighbors
- ♦ **Neighbor to Neighbor \*\*NEW\*\***  
A list of Agents & Contractors that are tried and tested by your neighbors. Eliminate the guess work
- ♦ **Newsletter in Full Color**
- ♦ **Meeting Minutes**
- ♦ **Advertisers**  
They support our association, so please support them!
- ♦ **Board Member Contact Info**
- ♦ **Committee Member Contact Info**



Coming Soon: Complaint form to submit for deed restriction violations

\*\*\*\*\*

### Neighborhood Facebook pages

Ask to join our private groups on Facebook:

- ♦ **Meadow Wood Farms**
- ♦ **Meadow Wood Farms Equestrian Club**
- ♦ **Meadow Wood Farms Garden Exchange**

Do you know of a Meadow Wood Farms neighbor in need? The Meadow Wood Farms Angels is a group of anonymous volunteers who are ready to help with those small, one-time projects that our neighbors cannot do by themselves by reason of age, illness, disability, or lack of funds.

To submit a request for assistance, email: [MWFAngels@gmail.com](mailto:MWFAngels@gmail.com) or call Jim Bain (352) 615-2572. The Angels will contact you and obtain additional information in order to evaluate the request.







Art in the park took on a whole new meaning on Thursday September 25<sup>th</sup> when the Meadow Wood Equestrian club held their monthly meeting at Friendship Park.

Members of the club participated in a painting session, co-hosted by Carolyn Camp and Pat Van Nostrand. Carolyn came up with the idea and Pat led the instruction by first providing everyone with an outline of a horse on canvas. She then told them to select paint colors based on how they wanted their horse to look as they didn't need to follow the model she painted as reference. They were to "paint it their way".

Everyone had a blast painting their version of a horse and pumpkin, for a fall/Halloween theme. There were scary black horses with red spooky eyes, a fuchsia horse with flowers in her mane and many other different horses with colorful backgrounds.

We all agreed it was a really fun night, with a unanimous vote to have another session in the spring.

Next meeting is Thursday October 23<sup>rd</sup>, where we will have a special presentation by one of our very own Meadow Wood Farm residents. Hope to see you there!



### **Two Rivers Music Festival**

**Date:** Saturday, October 11

**Time:** 5-10pm

**Location:** Ernie Mills Park | E. Pennsylvania Ave

Where the Rainbow River and Withlacoochee River meet, Dunnellon is welcoming back the Two Rivers Music Festival and Food Truck Rally. Grab a bite to eat, a drink, and enjoy the music as it fills the evening air of quaint Dunnellon. This festival is completely free, featuring rock, jazz, country, and folk music.

### **Ocala Arts Festival**

**Date:** October 25-26

**Time:** 10am-5pm

**Location:** Historic Downtown Ocala

Free and open to the public, the Ocala Arts Festival showcases art from more than 150 artists across the country, and offers samples of food from local vendors. Kids will enjoy the special hands-on activities and live performances.

### **Halloween Celebration**

**Date:** Friday, October 31

**Time:** 6:30-9:30pm

**Location:** World Equestrian Center | 1750 NW 80th Ave

Gather your family for a trick-or-treating adventure, a parade through the plaza, a cookie and pumpkin decorating activity, photo ops, enjoy live music, and spirited entertainment from a talented balloon artist and face painter.

Looking for more fun at the WEC? Check out their Hocus Pawcus Canine Costume Contest on October 25 for a doggone good time!

### **The 41st Annual Ocklawaha River Raid**

**Date:** October 31 - November 2

**Time:** 8am-5pm

**Location:** Florida Horse Park | 11008 County Road 475

Spend a day at the beautiful Florida Horse Park for a dramatic reenactment of the Ocklawaha River Raid, the only battle of the Civil War that occurred in Marion County. The 7th Florida Infantry Regiment reenacts the weekend event. The grounds are open all day for the event, with living history demonstrations, activities for the kids, and food throughout the weekend.

### **Marion County Chili Cook-Off**

**Date:** Saturday, November 1

**Time:** 10am-4pm

**Location:** Southeastern Livestock Pavilion | 2232 NE Jacksonville Rd

It is not autumn without a bowl of hot chili, and the community is serving up the best at the 44th Annual Marion County Chili Cook Off! Spend the day sampling chili, listening to live music, tasting craft beer, and voting for your favorite car at the car show.

## **Health Insurance 101 Meetings for Neighbors**



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What's affecting your  
Health Insurance?  
What are your options?  
Your questions answered!

**At the Park**  
**Mondays**  
**10/6, 11/3, 12/1**  
**530pm to 7pm**

And, Special Guest Speaker,  
Peggy Rackstraw  
on  
Insulin Resistance

**Light Refreshments Served**

## BIRTHDAY BASH



**October 18th, 1pm Friendship Park \*\*\*\*\*Please note the new time\*\*\*\*\***

**Everyone is invited to celebrate October birthdays, whether or not your birthday happens in this month. Come eat cake and Party like it's 1999.**



**October 17th, 7pm Friendship Park**

**Bring your thinking caps, refreshments of your choice (and maybe to share with your teammates) Be there or be square!**



**October 30th, Thursday 7pm Friendship Park**

**Back by popular demand!**

**This is strictly a game of LUCK! Cost is \$5.00 for a pack of 10 cards. Cash prizes will be given to the winners. Bring refreshments of your choice and a friend.**



**TRUNK OR TREAT**

**OCTOBER 31ST 4-7PM**

**Bring your decorated car trunk or golf cart, don your costumes for this family fun event for the kids.**



## CAR SHOW- NOVEMBER 1ST

Page 8

**It's time for the annual (FREE) car show to be held at**

**Friendship Park in Meadow Wood Farms.**

**November 1st**

**3:00 - ?**

This is an 'open' car show which means cars, trucks, and vehicles of all makes and years are welcome. Park like setting. Ample spectator parking.

**This year there is a food truck planned, and a DJ playing music at a reasonable level.**

There is no entry fee, but a hat will be passed to cover expenses. Please consider donating. Any questions should be referred to Jeff Rice (DEEPNHOCK@gmail.com)

**OPEN CAR SHOW  
FREE**

**MEADOW WOOD FARMS**

**AUTO SHOW**  
*Classic Old Car Show*

**Friendship Park**  
**73 Lakeview Drive East**  
**Ocala, FL 34482**

**BBQ Food Trailer – BYOB**

**SATURDAY  
NOVEMBER  
FIRST  
11/01/2025**

**CLUBS  
WELCOME**

**BEAUTIFUL  
PARK  
SETTING**

**3:00PM  
UNTIL...**

To Marion County  
To Ocala



**ADVANCE NOTICE: WILL NOT WANT TO MISS OUR  
MOST POPULAR EVENT OF THE YEAR**



**WE WANT YOU!**

**Calling All Meadow Wood Farms Families**  
**SUPPORT OUR VETERANS,**  
**ACTIVE SERVICE MEMBERS**  
**AND 1<sup>ST</sup> RESPONDERS**

**The 12<sup>th</sup> Annual Meadow Wood Farms**  
***Veterans and 1<sup>st</sup> Responders Appreciation BBQ***

Will be held on

**Saturday, November 8TH, 2025**

**3:00 until 6:00**

**Friendship Park at 73 Lakeview Dr. E.**

**Meals are free for Vets, Active Service Members  
And 1<sup>st</sup> Responders – past and present**

**\$10/adults \$5/kids under 12 payable at the door**

**Join us in Honoring our MWF Veterans and Active Service Members.**  
**MWFPOA will be providing the main course, please bring a side dish or  
Dessert to share.**

**Don't forget your photos, medals, etc. for our display table.**

**You will not want to miss this event!**



## ADVERTISEMENTS

Page 10



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## Membership Information

If you aren't a member, we would love for you to join us. The MWFPOA provides all kinds of services for your neighborhood (including this newsletter). Please use the form below to accompany your check.

**Need to find out if you've paid?** Contact Merry Lee Bain at 352-547-9327 or email her at [treasurer@mwfpoa.com](mailto:treasurer@mwfpoa.com).

*Your MWFPOA thanks you!*

## Please Join - Renew your Membership

### MEADOW WOOD FARMS PROPERTY OWNERS ASSOCIATION, INC.

(Annual Dues Effective June 1, 2025, effective through May 2026)

Please send your check for \$95.00 with this form to:

Meadow Wood Farms Property Assoc., Inc., 73 Lake View Dr East, Ocala FL 34482

Please *print* to provide the information below :

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

\_\_\_\_\_ **YES**    \_\_\_\_\_ **NO**    Put my/our information in the directory.

\_\_\_\_\_ **YES**    \_\_\_\_\_ **NO**    Deliver my/our newsletter to my/our address.

(Otherwise, it is available on the website, which saves the Association printing and mailing costs.)

\_\_\_\_\_ **YES**    \_\_\_\_\_ **NO**    **I have a tube for the newsletter**



[mwfpoa.com](http://mwfpoa.com)

Photos always look  
better in our online  
edition..

MEADOW WOOD FARMS  
PROPERTY OWNERS ASSOC.  
P.O. BOX 77-1896  
OCALA, FL 34477-1896



# HAPPY FALL Y'ALL

