

**NEIGHBOR TO NEIGHBOR:  
A Directory of Services Offered By and For  
Residents of Meadow Wood Farms**

**YOGA CLASSES**

**Yoga In Ocala**

6998 NW Hwy 27, Suite 202

Ocala, FL. 34482

Phone: 203-837-7374

Email: N/A

Web site: [www.yogainocala.com](http://www.yogainocala.com)

Contact Person: Grace Andry Lee

Description of Services: Yoga classes merge a blend of Hatha and Vinyasa yoga poses and practices, designed to build core strength, balance, breathing, focus, stamina, and flexibility. Updated schedule of classes is posted on the web site. Space is limited; please text or call 202-837-7374 to reserve a spot.

Customer Comments: Grace is a wonderful yoga teacher. As a “horse person” herself, she is able to accommodate the special needs of the equestrian body. The studio is very conveniently located above the Horse and Hounds restaurant.