## MEADOW WOOD FARMS NEWSLETTER



A MONTHLY PUBLICATION OF THE M.W.F.P.O.A.—P.O. BOX 77-1896—OCALA, FL 34482

## Farmer's Market and Yard Sale—at Friendship Park



If you missed both events at the Park, you missed some bargains and some really beautiful crafts. A huge shout out to Sandy Mollberg and Connie Story for organizing and running the show. It was a lot of work, but well worth

it. The day was gorgeous and everyone was having a good time. All our activities turn into social events whenever our neighbors gather. That's what makes this association so special.

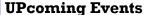












Next Board Meeting-

May 10, 2012 - 7:00 PM

Next Assoc. Meeting May 24th, 2012 7:00 PM **Guest: Trails to Trust.** Also, elections to be held.

Meet & Greet May 25th . See pg 5.

**Association Dues For Next Term Due in Mav** 



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Jim Bain—President

Meadow Wood Farms

Property Owners Assoc.

As I wind down my 4<sup>th</sup> term as President of the MWFPOA, I feel compelled to reprint the message I wrote as I "retired," albeit temporarily, from the Board two years ago. I've reprinted it for the simple reason that the feelings expressed are still as true today as they were then.

I had the honor of attending my 35<sup>th</sup> college reunion (now two years ago) at Duke University. More important to me, I had the

#### President's Message— Looking Back

honor of joining over 100 of my fraternity brothers who had graduated between 1970 and 1979. I had not seen most of these men in 35 years.

I was a little surprised to learn the breadth of successes and failures in marriages, businesses, careers, and physical health. I think I expected that every one of these guys would be doing well and enjoying life, as I am. And many are. There are judges, lawyers, doctors, CEO's, and one guy who owns the best bar in Durham, NC! Some are in great shape, run every day, play golf, ride horses, hunt, fish, bicycle, whatever. Some are married for the first, second, third, or fourth (he married the same woman twice) time.

But many are not riding the crest of the wave of "success." Several have beaten cancer. Some are still working at it. Some have broken marriages, bankrupted businesses, or both. But all are still trying, still competing in the game we call life. There are no charmed lives. We all have our ups and downs, our successes and failures.

Here is the honor part – because we are brothers, there were no judgments, just understanding, fairness, and support. We had fun, drank a beer or two, laughed, and told all of the old stories (think of the movie, "Animal House"). It truly was an honor to be among these men.

I believe that associating with others breeds a kind of honor from that association. We have something in common, a shared experience. My years at Duke, my years in the fraternity, my years in the

military, even my years on the high school football team, have built bonds with the other men in those groups that I will cherish for the rest of my life.

My years as your President of the MWFPOA are the newest addition to that list. I now share a great experience with so many of my neighbors in MWF. As a result of that experience, we share a kindred spirit. It has been an honor to be a part of this great neighborhood and this great association. For that, I thank you.

I'll see you around the neighborhood -- Jim

A huge thank you to our efficient, friendly, charming, hard-working outgoing President.

#### Officers of MWFPOA

President Jim Bain 237-9672

jbain2@cfl.rr.com

Vice-President Elizabeth Waller 304-8871

Elizabeth@SlowTurningFarm.com

Secretary Connie Story 369-0809

constancestory@msn.com

Treasurer Dick Woodrome 861-2364

rdw218w@aol.com

MINUTES ARE POSTED ON THE WEBSITE AFTER THE BOARD MEETINGS AND THE GENERAL MEMBERSHIP MEETINGS

www.meadowwoodfarmsocala.com

#### **Standing Committees**

Beautification Chair: None

Control Chair: John Trinckes 854-1856

Glen Garnas 304-8417, Elizabeth Waller 304-8871

Directory Chair: None

Maggie Berardi 861-1448, Nancy Marks 291-2730

Membership Chair: None

Newsletter Chair: Jodie Gebhard 390-3739

Parties Chair: Linda Trinckes 854-1856

Toni Kimball 861-4934

Recycling Chair: Mary Hopper
Refreshments Chair: BK Sawyer

Sunshine Chair: Sandy Mollberg 861-9622
Welcome Chair: Della Brock 873-2726

#### **Directory Information**

For Association Members who have not yet received their 2011-2012 Telephone Directory they will be available for you to pick up at the next Association meeting. Non members may purchase the directory for \$5.00. Members who would like to have an extra copy may purchase one for \$2.00.

We made every effort to deliver the Members directories, so if you were missed, please let it be known to one of the Board Members or at the next Membership Meeting.

One of our members asked us to remind you that——-

Leaving your garbage pick-up cans out for more than a day just looks TRASHY!

Thank You
To all Who
Contribute

**Baked Goods** 

To the Association Meetings.

It's Much appreciated.

#### **PET Registry & Rescue**

If you have FOUND or LOST a pet, you can contact **Sandy Mollberg at 861-9622.** 

This service is not part of the Association, but rather is a personal service provided free to the residents of Meadow Wood Farms.

Sandy does not take any pets in as a rescue, nor does she place pets in homes for people. If you wish, you can register your pet with photo with her so that she will have them on file if she gets a call for a lost pet.

#### **Sunshine Report**

Condolences to:

Connie Ryan on the passing of her father. The family of Rusty Smith on his passing.

If you are aware of someone who could benefit from receiving a card, whether due to illness or other reason, please notify:

Sandy Mollberg at lenelew@aol.com phone at 861-9622.

## Recycle Your Aluminum Cans

To Benefit MWFPOA Treasury

The recycle point for your aluminum cans is at the front entrance to the Friendship Park on Lake View Drive East. Barrels are provided for that purpose.

Cans that are rinsed, tab tops removed and crushed are our favorites.

Tab tops may go to any charity you know or bring them to meetings to go to Shands Juvenile Kidney foundation.

**ALUMINUM CANS ONLY PLEASE!** 

## May Meeting Set to Elect Your MWF Board for 2012/13

It seems like the same people are involved in the volunteer projects, holding office and participating in the activities. While this is true of most groups, this association would love to see more new faces and hear from new voices. <u>Don't wait to be asked</u>. There are several Committees still without Chairs or members. We need and appreciate your help.

If you would like to join the team, contact any board member asap.

The Nominations Are:

**Elizabeth Waller—President** 

Tina Ringfield — Vice President

**Connie Story** —— Secretary

Also at the May Meeting the agenda will include a guest speaker from **Trails to** 

**Trust.** Why is this important to us?? We are surrounded by 600 acres (including the trails behind MWF) of privately owned land. The owner is in his 80's. Should his heirs decide to develop part or all of this land, it will be useful for us to hear about this case study for possibly protecting land from development.

Trails to Trust is an organization to buy and preserve 396 acres of woods fronting on NW 90th Ave., stretching along NW 63rd St. to the back of Golden Hills, and almost to route 225A. This land is currently approved for a 395 lot housing development. They are making it their mission to buy this land and turn it into a private community reserve for riding, hiking and driving carriages to be used by those living in the neighborhood.

## More Improvements to Friendship Park



Volunteering is more fun than you think. Meet new neighbors and come away with a feeling of accomplishment and pride The usual suspects showed up once again to pour a new concrete pad to skirt the pavilion preventing erosion and also one to connect to the shed, making it easier to move the tables and benches to the pavilion for events. Thank you guys for your efforts, we really do appreciate it.

Dick Woodrome, Glen Garnas, Jim Cantebury, John Trinckes and Bill Lammers.

They had to work hard and fast, since concrete waits for no one and is not very forgiving.





### You Could Win \$100 If You're Present

One of our residents would have won \$75 if he had been present at the March meeting.

A drawing was held at the last MWFPOA General Meeting for \$75. Since the resident was not present, his winnings were added to the pot along with another \$25.

At the next general meeting another name will be drawn to win \$100. If that person is not present, names will be drawn until we get a winner who is present.

We will then start the process over in July of 2012. Any time we have a winner, we will start the pot again at \$50.

So now it REALLY pays to come to the meetings. See you at the May Meeting, won't we?

Jim



### MEET AND GREET COVERED DISH DINNER IN THE PARK

May 25, 2012 (Friday) 6:30 PM – 8:30 PM Friendship Park MWF Pavilion

Bring a covered dish and join in for a night of fun.

Baked ham will be furnished as the main dish. Soft drinks and water will be provided. Any other beverage is BYOB.

This is a great way to meet our new residents in MWF and to visit with old friends.

Please RSVP as to the number in your party by May 18,2012. Linda Trinckes 854-1856

#### **Meet CERT Members—**

Every month we will be profiling a CERT member, so that in an emergency you will be able to identify them to give you help or offer to help them as they aid others. All team members have CERT ID cards with photo.

## Meet Pam & Wayne Hebert

Pam and Wayne moved to MWF 2 years ago from Maryland's "Eastern Shore" to enjoy the Florida weather and all the "fun" stuff it has to offer. However, Lancaster County PA is where they both grew up and met while attending the same high school. This year they will be celebrating their 23rd wedding anniversary.

Pam has always enjoyed working with animals & people. She started taking First Aid & CPR courses as a counselor to be able to assist with teaching at a Girl Scout horse camp for 6 summers. She then graduated with a degree in Equine Science at SUNY College in New York and became certified in Therapeutic Riding, she was Executive Director at a Therapeutic Riding program in PA for 13 yrs. The program helped people with

disabilities experience the benefits of horseback riding. She also trained to become a Special Olympics Coach & continued to keep her First Aid & CPR current.

Pam then worked at a small animal Veterinary Hospital as a Vet Tech for 2 years. The experience at the animal hospital helped her become comfortable with all kinds of animals & procedures. A move to MD enabled Pam to teach able bodied adults & children how to ride horses at a private barn for 8 yrs. The job also included management of 20+ horses, caring for goats, chickens, cats, a mini donkey & whatever else showed up! At that time she also became certified with the American Riding Instructor Association while staying updated with First Aid & CPR.

Now living in MWF and still wanting to be involved with animals & people, Pam started her own local Pet Sitting business. She now has many customers west of Ocala & several in the neighborhood. Joining CERT just made sense to Pam with such a big community of people & pet owners. Pam's pets include 2 cats and 3

finches, but riding her QH "Ayla" throughout the neighborhood is her favorite past time.

Wayne has been selfemployed and owned several businesses in the past 20 years. While living in PA and then MD he had a successful (14+ year) horse jump manufacturing business aptly named "Wayne's Jumps". He has since transitioned full time into a successful national online retail sign business (EZSignsOnline.com). With thousands of customers spread out all over the US and several other countries, he keeps busy during the week and gets to "choose" which 12 hours of the day he'd like to work ;-) He considers himself a "jack of all trades and master of none" (refer to his humorous story in the MWF newsletter June 2011).

While not a rider himself, he does designate himself as a "horse husband". If given the choice, he says he does prefer mechanical "horsepower" over the 4 legged variety (which explains his 2 year sprint car racing career while living in PA).



Pam and Wayne both enjoy being actively involved in the MWF community and volunteering when possible.

They hope that they never have to use their CERT training in a real emergency, but are ready to help people (and pets too) if the need arises. Look for them at the next community event and say Hi!

For more information regarding CERT contact:

Deni Buetow

622-6554

Denisepurplel

@yahoo.com.

First Project::

House Number Signs that can be read at night.

## Ocala Flight Sim Club

We're a small informal organization of Microsoft Flight Simulator enthusiasts. Our Club has no dues or membership fees. We are happy to help those getting started and are equally pleased to have experts. Visitors and prospective members are always welcome.

Computer or piloting skills are not prerequisites.

We meet at 6:00 PM on the first Thursday of each month at Landmark Aviation at the Ocala Airport. It is on 60th Ave.: in the same building with the Tailwinds Café. Ask at the desk for

directions to the conference room.

Come join us at any meeting or contact

John Allard (33 Wintergreen Way)

Email at

allardjd@earthlink.net



## **Meadow Wood Equine Club**

(not affiliated with MWFPOA)

This is a social group of horse oriented people. Guests or Visitors are welcome.

Membership is open to anyone-you do not have to live in Meadow Wood Farms or own a horse to join. Membership is \$5.00 a year. Members receive a 10% discount off "most in store items" at Seminole, Tack Shack and J&J Tack. Must show your membership card. Some Restrictions apply as some items are not discounted such as feed, hay, shavings, and warehouse items. Ask store for details.

For more information,

please call: Secretary/
Treasurer—Kathy Rohlwing @ 861-7405
Or VP— Carol Shockey
@ 873-4719
Or President ————
Leroy Conroe @ 873-

Shangri-La Trailhead Has Reopened. The
campground has replaced the day use area.
The day use area moved
on the right just before
the campground. Chuck
and Myrtle are the permanent camp hosts. For more
information or reservations.
call the Greenway Ocala
office at 236-7143

May 4-6, 2012 HITS RMI Mid-Florida Hunter/ Jumper Show— at HITS Post Time Farm

May 6, 2012 Stride Dressage Horse Show—8:00— 5:00 at the Florida Horse Park

May 12, 2012—Florida Horse Sale—at Southeastern Livestock Pavilion

May 12-13, 2012—HSITP Mother's Day Southern Classic Hunter/Jumper Show 8:00-5:00 at the Florida Horse Park.

May 19, 2012—Equine Swap Meet at OEC (Ocala Equine Center)

May 19, 2012—Dressage, Show Jumping and 3 Phase Schooling Show 8:00—2:00 at the Florida Horse Park

June 1-3 2012 HITS RMI Mid-Florida Hunter/ Jumper Show at HITS Post Time Farm.

Coming in Fall 2012— 50th annual Ocala **Equine Conference** Golden Anniversary Celebration at the Hilton Ocala, FL.—A Proud Tradition of Quality Equine Practitioner Education—The conference is an equine-exclusive event of scientific information and practical techniques from internationally acclaimed educators. http:// www.faep.net/events/ index.php#ocala



This puppy actually belongs to the Lammers. This is not Ralphy as was stated in "Dogs of Meadow Wood Farms".

## OOPS!!

This is Ralphy belonging to the Candullo Family.



#### **MWF Exercise Club**

Your new year's resolution was to get healthy by exercising more, right? Want to join other MWF residents to make it more fun? They meet at Friendship Park on Tuesdays and Thursdays at 8:30 am until about 10 am. It starts with a walk around the neighborhood and ends with some organized exercises.

Are you ready? Good. Then just show up and get started. There is no leader, but Elizabeth Waller said you could call her with questions. 304-8871



Support Your Local Merchants. They're Supporting Us.

Promote your business with an ad in the Meadow Wood Farms Newsletter. For more information or to place an ad, please contact Jodie Gebhard 352 390-3739. Although the Association cannot warrant its advertisers, many are your neighbors and all will appreciate your patronage.

#### **CHECK ALL ADS FOR DISCOUNTS!**



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#### CULINARY TREASURES

Meadow Wood Farms' Own Cook Book

Going Fast—Get Yours Now

Call:

Lucretia Van Vorst-304-7309

Or

Dick Woodrome-861-2364

#### **ADVERTISEMENTS**

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#### **Heartfelt Thanks to a Former Marine-**

#### **Doug Brock**

The year 1966 was a standout year in my life. I graduated from East Carolina College (now University), was commissioned in the Air Force and married my high school sweetheart, Della. Before leaving for Air Force school in Amarillo, Texas, I worked the remainder of that summer driving a Pepsi-Cola truck. We lived in New Bern, N.C, the birthplace of Pepsi and a town rich in history. Settled in 1710 by Swiss immigrants, the town was named after Berne, Switzerland and served as the colonial capital of N.C. My delivery route included the Cherry Point Marine Corps Air Station. Sometime later as the Air Force took us from place to place, I realized I was unable to find my 1962 New Bern High School class ring. The ring was thoughtfully designed and had inscriptions denoting much of the town and school history and my initials JDB on the inside. I think it cost about \$35.00 in 1962. I decided I must have lost it during one of our many moves.

Recently, we had a call from Ron, a classmate who is planning our 50th high school reunion. He had received an interesting email from a fellow in Wisconsin inquiring about a James Douglas Brock who may have lost his class ring 46 years ago. I called the guy, Rich, and he told me the story of my lost ring. Seems he was stationed at the Marine Corps Air Station in 1966 during the Vietnam War. He found the ring and notified his sergeant who was unable to locate the owner. Rich was afraid the ring had possibly belonged to a fellow Marine who didn't return from Vietnam, where he was about to be stationed. He had far more on his mind than making further attempts to locate the ring's owner. After serving his country in the war, he returned to Wisconsin.

Recently, while going through a box of Marine Corps memorabilia, he realized he still had that ring from 46 years ago. He thought about selling it, but then one day as he was checking some things on the Internet, he came across the news of the 1962 High School reunion coming up this summer and contacted our classmate Ron. What a wonderful conversation I had with Rich, who told me he would be mailing the ring right out to me. I received it on April 5th. Even though it no longer fits my ring finger, it was nice to see my "old friend" again. The most significant part of the story though is about someone taking the time and effort to locate the rightful owner. Would I have taken the easy way out and sold it for its gold content? It would have been easy to justify by telling myself I didn't know the owner and that it would be difficult to find him. It reminded me of the bank commercial where a neighbor is raking her yard, sees another neighbor needing help with her yard and goes to help. Someone walking by sees what is happening and is inspired to also do a good deed for someone. Doing the right thing becomes "catching". Although I try to do the right thing, too, I hope now I am willing to be helpful....even when it may prove to be inconvenient and costly.

## If a Snake Bites Your Horse......Contributed by Wayne Hebert

Only a few species in the U.S. are poisonous. They are (shown on back page): the Copperhead, Cottonmouth or Water Moccasin, several varieties of Rattlesnakes and in the southeast, the Coral Snake. Knowing what to do in the event of a bite could mean the difference between the life and death of your horse.

Rattlesnakes are the most likely species to strike, but, for the most part a snake doesn't bite unless you threaten him. When trail riding watch the path ahead of you, and avoid stepping over logs and going through thick brush where you can't see what's ahead of your horse.

Several factors that determine the severity of the venom's affect on the horse include: the size of the snake, the size of the horse, location of the bite, the health of the horse, and the time it takes to get treatment for your horse. As a rule larger snakes have more venom and, of course, the smaller the horse the more harm can be done by the poison. A foal is more likely to suffer severely than a full grown horse. The most dangerous place for a horse to be bitten is on the face, because the swelling from the venom can cause suffocation. If the nostrils swell shut, a piece of garden hose inserted into the nostril could keep you horse's airway open. If you are trail riding and a poisonous snake bites your horse, do not gallop him home for help. Running will only increase the heart rate, speeding up the horse's blood circulation, and sending the poison throughout the body at a faster rate. Keep your horse calm and walk him home. On a trial ride, the bite will probably be on the horse's leg, which is not normally fatal. The horse is such a large animal that the venom is reduced by the time it reaches vital organs. Still, you should get vet help as soon as possible.

First aid until the vet arrives is to treat the bite like a puncture wound by washing it with soap and water and applying an antibacterial medication. The old advice of cutting an X and sucking out the blood is no longer recommended for horses or humans, because it increases the danger of infection. An antivenin is available, but very expensive. The vet's treatment includes a tetanus shot and antibiotics. He might also add drugs to combat inflammation such as steroids. The vet will look for signs of shock and treat accordingly. Before he arrives, he might suggest you give the horse banamine or bute to reduce the swelling, especially if the horse has trouble breathing, or has obstructed airways. Don't forget the option of inserting a length of garden hose. You might ask him to show you this procedure in advance of any emergency.

#### JOIN MEADWOW WOOD FARMS ASSOCIATION

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# Membership Form & Information to Access Our Website, etc.

Please send or email items to be published to: Jodie Gebhard 14 Carry Back Road Ocala, FL 34482

> Phone: 352 390-3739 E-mail: jgebhard@sbcglobal.net

It's time! June 2012/2013 membership dues for the MWFPOA are due now. If you aren't a member, we would love for you to join us. The MWFPOA provides all kinds of services for your neighborhood (including this newsletter). Please use the form below to accompany your check.

To Join The Meadow Wood Farms Email Blasts and Conversation go to Meadowwoodfarms1@aol.com and ask the site master to add your email address. Please respect the rules...no politics, or religion or any attachments or offensive material. This site is offered by a private member of the association. It is an extremely useful tool and we are grateful to that person.

MEADOW WOOD FARMS WEBSITES:

www.meadowwoodfarmsocala.com

www.meadowwoodfarmsocala.com/neighbor to neighbor.htm- Neighbor to Neighbor Directory www.meadowwoodfarmsocala.com/newsletter.htm -Newsletters

## Please Join

#### MEADOW WOOD FARMS PROPERTY OWNERS ASSOCIATION, INC.

Please send you check for \$55.00 (Annual Dues Effective June 01, 2010), with this form to: Meadow Wood Farms Property Assoc., Inc., P.O. Box 77-1896, Ocala FL 34477-1896

A directory is distributed to MWFPOA member at no charge. It may be purchased by non-members for \$5.00. Additional copies for members = \$2.00.

www.meadowwoodfarmsocala.com/newsletter.htm

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